

# Understanding OSHA

## A guide to OSHA Regulations for First Aid Kits

**OSHA** (U.S Department of Labor Occupational Safety & Health Administration) is the main federal agency charged with the enforcement of safety and health legislation. OSHA regulations regarding first aid kits are contained in the Code of Federal Regulations under section 29 CFR 1910.151 and in Appendix A. OSHA does not provide specifications for first aid kit contents per se but defines mandatory requirements for availability of kits on worksites. In Appendix A of the OSHA guidelines, **ANSI** is referenced as the originator of first aid kit specifications and minimum contents requirements (see ANSI requirements in more detail below).

### The 2015 ANSI revision introduces two classes of first aid kits

**Class A** kits with contents designed to deal with most common types of workplace injuries.

**Class B** kits with a broader range and quantity of supplies to deal with injuries in more complex or high-risk environments.

### ANSI Z308.1-2015 Required Contents

In order to be ANSI compliant, First Aid Kits must contain the following components

2015 ANSI Class A Minimum Fill Requirements		2015 ANSI Class B Minimum Fill Requirements	
QTY	Item and Minimum Size or Volume	QTY	Item and Minimum Size or Volume
16	Adhesive Bandages, 1" x 3"	50	Adhesive Bandages, 1" x 3"
1	Adhesive Tape, 2.5 yd.	2	Adhesive Tape, 2.5 yd.
10	Antibiotic Treatment, 0.14 fl. oz. (0.5g) applications	25	Antibiotic Treatment, 0.14 fl. oz. (0.5g) applications
10	Antiseptic, 0.14 fl. oz. (0.5g) applications	50	Antiseptic, 0.14 fl. oz. (0.5g) applications
1	Breathing Barrier	1	Breathing Barrier
1	Burn Dressing, 4" x 4"	2	Burn Dressing, 4" x 4"
10	Burn Treatment, 1/32 oz. (0.9g) applications	25	Burn Treatment, 1/32 oz. (0.9g) applications
1	Cold Pack, 4" x 5"	2	Cold Pack, 4" x 5"
2	Eye Coverings	2	Eye Coverings
1	Eye Wash, 1 oz.	1	Eye Wash, 4 oz.
1	First Aid Guide	1	First Aid Guide
6	Hand Sanitizer, 1/32 oz. (0.9g) applications	10	Hand Sanitizer, 1/32 oz. (0.9g) applications
4	Medical Exam Gloves	8	Medical Exam Gloves
1	Roller Bandage, 2" x 4 yd.	2	Roller Bandage, 2" x 4 yd.
1	Scissors	1	Roller Bandage, 4" x 4 yd.
2	Sterile Pads, 3" x 3"	1	Scissors
2	Trauma Pads, 5" x 9"	1	Padded Splint, 4" x 24"
1	Triangular Bandage, 40" x 40" x 56"	4	Sterile Pads, 3" x 3"
		1	Tourniquet, 1"
		4	Trauma Pads, 5" x 9"
		2	Triangular Bandage, 40" x 40" x 56"

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